



The
Prime Times
NEWSLETTER
November 2025



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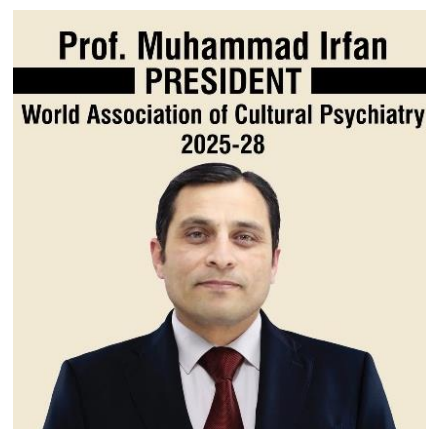
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Prof. Muhammad Irfan Assumes Presidency of the World Association of Cultural Psychiatry (WACP)

November 1, 2025-Peshawar Medical College (PMC) and Prime Foundation proudly announce that Prof. Muhammad Irfan, Professor & Head of the Department of Mental Health, Psychiatry & Behavioral Sciences at Peshawar Medical College and Director Research & Chair IRB at Prime Foundation Pakistan, has assumed office as President of the World Association of Cultural Psychiatry (WACP) for the 2025–2028 term. Prof. Irfan also serves as Vice President of the Pakistan Psychiatric Society and Director of Research & Innovation at the Asian Cognitive Behavioral Therapists Association, and has previously held prominent national leadership roles including President of the Pakistan Association of Medical Editors, President of the Pakistan Association of Cognitive Therapists, and Chief Editor of the Journal of Postgraduate Medical Institute. His elevation to the WACP presidency reflects his outstanding academic credentials, visionary leadership and longstanding commitment to advancing culturally grounded and globally relevant mental health care.



The World Association of Cultural Psychiatry promotes cross-cultural understanding and collaboration in mental health worldwide. Under Prof. Irfan's leadership, the Association will focus on strengthening culturally responsive models of care; advancing evidence-based psychotherapies adapted for diverse populations; deepening the exploration of how culture, identity, community and well-being intersect; and fostering thoughtful dialogue that bridges faith, science, and mental health within inclusive and culturally sensitive frameworks.

The management, faculty, and students of Peshawar Medical College and Prime Foundation extend their heartfelt congratulations to Prof. Irfan on this remarkable achievement. His success brings immense pride to the institution and underscores Pakistan's growing visibility and contribution to the global academic and professional landscape.

Faculty Promotion Ceremony Held at KTH



November 3, 2025 - A get-together was held at Kuwait Teaching Hospital to celebrate the joyful occasion of the recent promotions of faculty members. The event brought together senior leadership and faculty in a warm and appreciative environment.

Dr. Hafeez-ur-Rahman, Dean PMC and Dr. Abdus Samad and MS Abdul Aziz Zia graced the ceremony as guest speakers. They congratulated the promoted faculty and appreciated their contributions to the institution. Congratulations to all the promoted faculty members.

Ex-PMC Graduate Dr. Asma Ghani Brings Honour to Peshawar Medical College with MRCOG Success

November 8, 2025,— Dr. Asma Ghani, an alumna of Peshawar Medical College (PMC), has brought great honour to her alma mater and the country by securing 6th position worldwide and 2nd position in Pakistan in the Part 3 MRCOG Examination conducted by the Royal College of Obstetricians and Gynaecologists (RCOG), United Kingdom.

Dr. Ghani achieved an exceptional 83%, far exceeding the required pass mark of 62%, as confirmed in the official result letter issued by RCOG.

Her remarkable performance reflects her outstanding clinical competence, excellent communication skills, and strong commitment to patient safety, qualities nurtured during her training at Peshawar Medical College.



Endoscopic Ultrasound Workshop at Prime Teaching Hospital

November 9, 2025- An Endoscopic Ultrasound (EUS) Workshop concluded at Prime Teaching Hospital Peshawar.



The workshop was organized by the Liver & GI Unit, Peshawar Medical College, under the leadership of Master Trainer Dr. Adeel ur Rehman, Consultant Gastroenterologist and Associate Professor at Agha Khan University.

A total of seven gastroenterologists from various cities across Pakistan participated in the workshop. The training focused on enhancing

participants' skills in advanced endoscopic ultrasound techniques, aiming to improve diagnostic and therapeutic capabilities in gastrointestinal healthcare.

CPR Workshop conducted at Peshawar Medical College

November 12, 2025 - A comprehensive CPR (Cardiopulmonary Resuscitation) Workshop was conducted at Peshawar Medical College, aimed at equipping medical students with essential life-saving skills.

The sessions were facilitated by Dr. Saqib Qureshi, Dr. Abdur Rauf and Dr. Rahid ullah who guided students through practical demonstrations and hands-on training. The activity emphasized the importance of immediate and effective response during cardiac emergencies, fostering clinical confidence among participants. The workshop was part of the college's ongoing commitment to enhancing medical training through experiential learning.



Riphah International University conducted a one-day Supervisory Skills training

November 17, 2025

Riphah International University conducted a one-day online training titled “Course on Supervisory Skills (CSS)” for supervisors of MS, MPhil and PhD programs at the Peshawar Campus of RIU. The session was jointly organized by Riphah Academy of Research & Education (RARE) and the Office of Research, Innovation and Commercialization (ORIC), PMC. The training aimed to strengthen research supervision capacity across various academic departments, in line with the Higher Education Commission’s (HEC) Graduate Education Policy 2023. The session was attended by faculty members and supervisors from multiple colleges of Riphah University, including Peshawar Medical College (PMC), Peshawar Dental College (PDC) and Rufaidah Nursing College (RNC). The workshop focused on developing essential supervisory competencies, enhancing faculty knowledge of institutional research standards, and integrating modern educational tools and best practices into the supervision process. Participants were also briefed on the importance of ethical research conduct, effective mentor and mentee communication and the use of artificial intelligence in academic supervision.



Sports Day Celebrated at Peshawar Dental College



November 21, 2025-Peshawar Dental College successfully organized an exciting Sports Day, bringing together students for a vibrant display of energy, teamwork, and sportsmanship. The event featured a variety of games, including badminton, tug of war, red light-green light, dadchi, ludo, and table tennis, allowing students to showcase their

athletic abilities and competitive spirit.

Participants enthusiastically took part in each activity, creating an atmosphere filled with excitement and camaraderie. Winners were awarded certificates in recognition of their outstanding performances.

The Sports Day provided students with an excellent opportunity to unwind, strengthen friendships, and enjoy healthy physical activity. The college looks forward to hosting an even more engaging and dynamic Sports Day next year.



PMC Alumnus Receives Prestigious British Care Award



November 23, 2025-Peshawar Medical College (PMC) is pleased to share that its distinguished alumnus, Mr. Salman Qureshi, has been honored with the Great British Care Award, a prestigious recognition celebrating excellence, dedication and compassion in the United Kingdom's health and social care sector. This remarkable achievement brings pride not only to the nation and the institution but also to his family, teachers, and colleagues.

In a message to the faculty, Mr. Qureshi expressed heartfelt gratitude, acknowledging the role PMC played in shaping his professional journey. He stated, "JazakAllah Khair for everything you instilled in me. May Allah reward you abundantly and grant you continued success." His words reflect the values of respect, humility, and academic excellence nurtured during his time at PMC.

PMC extends warm congratulations to Mr. Salman Qureshi on this outstanding accomplishment and prays for his continued success and growing contributions to global health and social care.

PDC Holds Seminar on Dental Implants & Gerodontology

November 25, 2025- The Department of Dental Education at Peshawar Dental College organized a multidisciplinary seminar on Dental Implants and Gerodontology, bringing together expertise from multiple dental specialties.



Students presented on key topics including implant classification, osseointegration, diagnosis and treatment planning, prosthodontic and surgical procedures, laboratory steps, complications, and common geriatric dental problems with their management. Faculty members enriched each session with expert feedback and academic discussion.

The seminar reflects Peshawar Dental College's commitment to self-directed learning and preparing students for the advancing demands of modern dental practice.



Internal Quality Control Programme Visits PMC Attached Hospitals

Peshawar, 28 November 2025 — The Quality Control Programme of Peshawar Medical College (PMC), led by Director Dr. Maqsood Ali, conducted comprehensive inspection visits to Mercy Teaching Hospital, Prime Teaching Hospital and Kuwait Teaching Hospital. He was accompanied by committee members Dr. Luqman, Dr. Salma, and Engineer Junaid ur Rahman.

During the visits, the inspection team was assisted by the Medical Superintendents, Dr. Ghayas Rajab at Mercy Teaching Hospital (MTH) and Dr. Abdul Aziz Zia at Kuwait Teaching Hospital (KTH), along with their technical and administrative teams. The visits focused on evaluating quality assurance standards, infrastructure, patient care services and adherence to institutional protocols.

The committee emphasized the importance of continuous improvement in service delivery, patient care and operational efficiency.



Admissions open at Prime College of Allied Health Sciences (PCAHS)

Prime College of Allied Health Sciences (PCAHS) offering 4-Year BS Programs in the following disciplines:

- BS Medical Lab Technology (MLT)
- BS Dental Technology
- BS Anesthesia Technology
- BS Optometry
- BS Radiology Technology

Clinical Training at Four Teaching Hospitals

Students will receive hands-on clinical exposure at:

- Prime Teaching Hospital
- Mercy Teaching Hospital
- Kuwait Teaching Hospital
- Ruffaidah Nursing College facilities



General Eligibility

- F.Sc (Pre-Medical) or equivalent with minimum 50% marks including Biology
- OR: 2-year Paramedic Diploma (KP Medical Faculty) with IBCC equivalency to F.Sc (Pre-Medical)
- KMU-CAT Test 2025 qualification is mandatory

Admission Schedule

- Online admission form available at: www.pcahs.prime.edu.pk

(Also available for on-campus submission)

- Last Date to Apply: 26 December 2025

Location: Prime Teaching Hospital, Near Ring Road, Warsak Road, Peshawar

Contact: 0313-9666044

Website: www.pcahs.prime.edu.pk

Mercy Teaching Hospital Laboratory Launches Discounted Diagnostic Packages

The Mercy Teaching Hospital Laboratory, a constituent facility of Peshawar Medical College (PMC), has introduced special discounted diagnostic packages to provide affordable healthcare services for patients in need.

These assessments are now available at significantly reduced prices, ensuring greater accessibility for the community.

To further facilitate patients, the laboratory is offering free home sample collection services in both morning and evening shifts. Patients may contact the following numbers to avail the service:

0311-1942271 (Morning)

0336-9170926 (Evening)

Sample Collection Points

Patients can also visit any of the following hospital laboratories for sample collection:

Peshawar Medical College Laboratory — Tel: 091-5202107

Kuwait Teaching Hospital — Tel: 091-5711418

Mercy Teaching Hospital — Tel: 091-5843917

Prime Teaching Hospital — Tel: 091-5200663-4

Online laboratory reports can be accessed conveniently at www.pathology.prime.edu.pk

PESHAWAR MEDICAL COLLEGE LABORATORIES

Mercy Teaching Hospital Laboratory OFFER'S

RENAL PROFILE

- BLOOD UREA
- ELECTROLYTES
- SERUM CREATININE
- SERUM PHOSPHORUS

Discounted price: 1800/-

Free home sample collection

0311-1942271 (Morning)
0336-9170926 (Evening)

COLLECTION POINTS :

- PESHAWAR MEDICAL COLLEGE
Tel: 091-5202107
- KUWAIT TEACHING HOSPITAL
Tel: 091-5711418
- MERCY TEACHING HOSPITAL
Tel: 091-5843917
- PRIME TEACHING HOSPITAL
Tel: 091-5200663-4

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